

8 QUESTIONS FOR REFLECTION

FOR A NEW YEAR, A NEW MONTH,
A NEW WEEK, OR A NEW DAY

1. What is something you did (last year) that you never thought you could do?
 2. What's one thing you accomplished (last year) that you are proud of?
 3. What went well (last year)?
 4. What did not go well (last year)?
 5. What's the biggest lesson you learned (last year)?
 6. Is there anything you would do differently (last year), knowing what you know now?
 7. How did you impact the lives of others (last year)?
 8. What are you celebrating today from (last year)?
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