10 Bible Verses for When You Are Overwhelmed

2 Timothy 1:7

For God gave us a spirit not of fear but of power and love and self-control.

Matthew 19:26

But Jesus looked at them and said, "With man this is impossible, but with God all things are possible."

Isaiah 41:10

Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

Psalm 46:10

"Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!"

Matthew 11:28

Come to me, all who labor and are heavy laden, and I will give you rest.

Psalm 118:1

Oh give thanks to the Lord, for he is good; for his steadfast love endures forever!

Psalm 119:105

Your word is a lamp to my feet and a light to my path.

Isaiah 43:1b

Fear not, for I have redeemed you; I have called you by name, you are mine.

Psalm 55:22

Cast your burden on the Lord, and he will sustain you; he will never permit the righteous to be

moved.

Philippians 4:13

I can do all things through him who strengthens me.

Find more at julielefebure.com. All Scripture is from the English Standard Version.